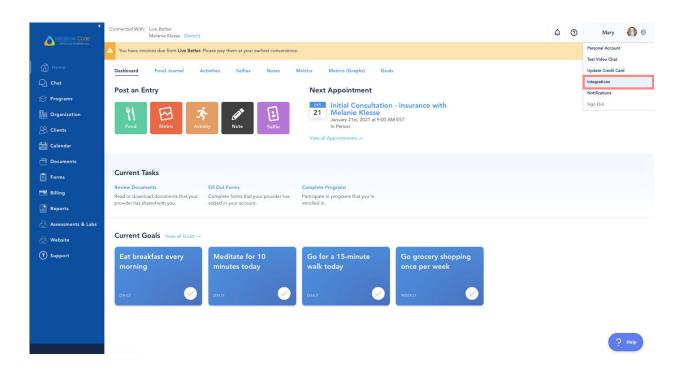
## Sync ClearStep with Metabolic Code

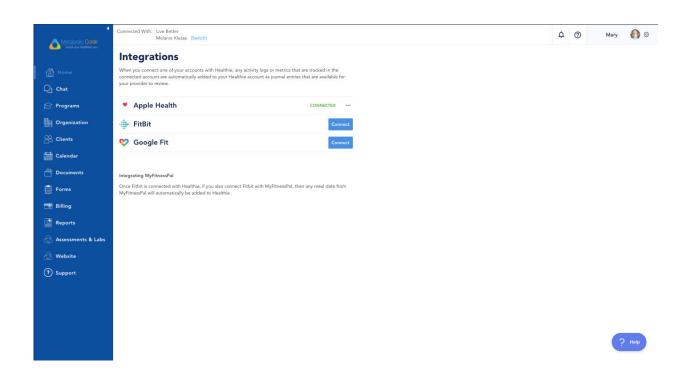
This feature is available to clients whose providers have enabled the ClearStep sync. If you do not see the ClearStep integration when following the instructions below, it means that your provider has not set this up. Please message your provider via chat if you'd like to recommend that they set up this integration.

Metabolic Code syncs with your ClearStep to automatically pull your Health metrics into your Metabolic Code account, to be shared directly with your provider. Your provider will have access to your metrics, however you may not be able to view the metrics in your account. You and your provider will work together and determine what Health metrics you can view in your account as part of your recovery.

## Sync device with Metabolic Code

- 1. Sync from your computer
  - Sign into your Metabolic Code from a computer (metaboliccodepro.com)
  - Click Settings (gear icon) on the top-right of your account
  - Select "Integrations" from the menu
  - Locate "Clearstep" device from the integrations list > Click "Connect"
  - You will be prompted to sign into your Clearstep account, so please make sure you have your username/password available
  - Follow the on-screen prompts to verify the integration sync





## 2. Sync from your phone

- Sign into your Metabolic Code account from the mobile app for Android and iOs devices
- Tap the Navigation bar (three lines on the top left of the app)
- Select "Settings" from the menu
- Tap "Integrations"
- Locate the "ClearStep" button > Tap "Connect"
- You will be prompted to sign into your ClearStep account, so please make sure you have your username/password available
- Follow the on-screen prompts to verify the integration sync

