



Metabolic Code® expands and improves its platform through a new partnership with Physicians Lab, Quest Diagnostics and True Health Diagnostics

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Physicians Lab delivers accurate and reliable results, while providing the tools necessary to complete convenient, affordable, error-free and timely lab testing. Unlike salivary/blood testing, Physicians Lab's unique method of collecting urine five times a day is a simple way to normalize the fluctuations that most patients experience in hormone levels throughout the day (known as circadian rhythm) and it is also a direct measurement of free and bioavailable hormones.

Quest Diagnostics offers national clinical testing services designed to facilitate health care and diagnostic testing for patients, employers and health care providers. Quest provides convenient access for patients to provide diagnostic samples at approximately 2,000 patient locations in the US. Quest is the world's leading provider of diagnostic testing, information and services that patients and doctors need to make better health care decisions.

True Health Diagnostics is an innovative health care services organization dedicated to helping people live longer, healthier lives. The company specializes in earlier early-stage prevention and diagnosis of chronic disease, including cardiovascular, diabetes, cancer, genetic disorders and a range of metabolic conditions. True Health is a trusted partner of medical professionals because it helps them make accurate and necessary diagnoses that can improve patient care. True Health is headquartered in Frisco, Texas, with operations across the country.

Jim LaValle, the creator of the **Metabolic Code**® and Dr. Andrew Heyman, a significant contributor to the Metabolic Code, have successfully applied this integrative health approach to over 10,000 patients since 2001. Additionally, the Metabolic Code has been taught by Jim and Andrew to thousands of health care practitioners through reputable universities and organizations including the American Academy of Anti-Aging Medicine (A4M), Metabolic Medical Institute (MMI), and Integrative and Metabolic Medicine at George Washington University (GWU).

Metabolic Code delivers evidence-based tools via the web, that support a practitioner's ability to assess, interpret, and recommend proven integrative protocols to patients while dramatically increasing patients' adherence and engagement levels. The net effect is a symbiotic relationship between practitioners and patients resulting in patient centered care and higher levels of wellness.

In this new partnership, **Physicians Lab**, **Quest Diagnostics** and **True Health Diagnostics** are integrated into the **Metabolic Code** Platform. Physicians Lab provides urinary testing, while Quest Diagnostics and True Health Diagnostics provide serum testing for metabolic tests which, when combined with the interpretation and teachings from Metabolic Code, provide a seamless approach for the provider.

Physicians Lab and Quest for Physicians Utilizing the Metabolic Code® Platform

What's New?

Streamlined Ordering and Special Pricing:

For physicians utilizing the Metabolic Code platform, Physicians Lab, Quest Diagnostics and True Health Diagnostics offer special pricing on available test panels that are integrated into the system. Lab panels can now be purchased through your Metabolic Code portal.

Direct Ordering and Auto-ship Options for Supplements:

Metabolic Code will manage your in-office supplement supply by tracking and automatically restocking products. Metabolic Code's advanced technology helps to reduce expired stock and lost revenue for your practice.

The Metabolic Code Auto Order fulfillment solution an effective tool to improve patient compliance while seamlessly generating more revenue for your bottom line.

- Increased patient compliance.
- Customer service follow-up on credit card declines.
- Recurring patient auto-reorders = Recurring physician revenue.

New Urinary Hormonal Profile:

Physicians Lab's 24-hour Urinary Hormone Testing provides consistent, reproducible hormone values to establish and monitor hormone dosing. Unlike salivary/blood testing, the 24-hour process enables Physicians Lab to minimize the impact on the test results caused by fluctuations in hormone levels throughout the day and is a direct measurement of FREE and BIOAVAILABLE hormones. Urinary hormone testing delivers a much more comprehensive and accurate picture of the patient's overall hormone balance and is the only testing known to accurately quantitate primary estrogen levels with secondary estrogen metabolites (used to assess risk of certain cancers, inflammatory responses and tissue damage in both men and women) when monitoring hormone therapy. Additional metabolism pathways are also monitored in urine, making urinary hormone testing with Physicians Lab the next gold standard in integrative medicine.

How To Start:

Contact Sales at info@MetabolicCode.com.

Billing Options and Insurance Information:

Once you are registered with the Metabolic Code platform, you will have several options for billing:

- **Option 1:** Bill the patient's credit card at time of service.
- **Option 2:** Collect cash from the patient at time of service.
- **Option 3:** Direct pay from practitioner (you can enter your practice credit card info into our secure portal).

Insurance Billing:

- Diagnosis codes entered through platform.

Blood Draws, Test Supplies and Logistics:

- **Walk-in Blood Draws:** Go to a Quest Diagnostics or THD lab near you.
- **Test Supplies and Kits:** Physicians Lab will mail a kit to your home.
- **Test Results:** Metabolic Code provides a physician portal to log in and access test results. Results are viewable as they are completed. Your user name and password will be emailed to you for portal access upon activation of your account. Turn around time for results to post to Metabolic Code portal will vary based on lab used and patient submission of samples for testing.